

**Instruction**

**SCHOOL DAY**

The Governing Board shall fix the length of the school day subject to the provisions of law. (Education Code 46100)

(cf. 6111 - School Calendar)

~~The Superintendent or designee shall schedule class periods giving consideration to course requirements and curricular demands, availability of school facilities, the age and attention span of students, and legal requirements.~~

*The length of the school day shall apply equally to students with disabilities unless otherwise specified in the student's individualized education program or Section 504 plan.*

*(cf. 6159 - Individualized Education Program)*

*(cf. 6164.6 - Identification and Education Under Section 504)*

*The schedule for elementary schools shall include at least one daily period of recess of at least 20 minutes in length in order to provide students with unstructured but supervised opportunities for physical activity.*

*(cf. 5030 - Student Wellness)*

*(cf. 6142.7 - Physical Education and Activity)*

*In establishing the daily instructional schedule for each secondary school, the Superintendent or designee shall give consideration to course requirements and curricular demands, availability of school facilities, and applicable legal requirements.*

The Board encourages flexibility in scheduling so as to provide longer time blocks or class periods when appropriate and desirable to support student learning, provide more intensive study of core academic subjects or extended exploration of complex topics, and reduce transition time between classes.

(cf. 4131 - Staff Development)

*Prior to implementing a block schedule program in which secondary students attend class for fewer school days, the Board shall consult with the certificated and classified employees of the school in a good faith effort to reach agreement and shall also consult with parents/guardians of the students who would be affected by the change and the community at large. Such consultation shall include at least one public hearing for*

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*which the Board has given adequate notice to the employees and to the parents/guardians of affected students. (Education Code 46162)*

*(cf. 9320 - Meetings and Notices)*

Legal Reference:

EDUCATION CODE

8970-8974 Early primary program, including extended-day kindergarten

37202 Equal time in all schools

37670 Year-round schools

46010 Total days of attendance

46100 Length of school day

46110-46119 Kindergarten and elementary schools, day of attendance

46140-46147 Junior high school and high school, day of attendance

46160-46162 Alternative schedule - junior high and high school

46170 ~~Minimum day~~ continuation schools, *minimum day*

46180 Opportunity schools, minimum day

46190-46192 Adult school *education classes*, day of attendance

46200-46206 Incentives for longer instructional day and year

*48200 Compulsory attendance for minimum school day*

*48663 Community day school, minimum school day*

*48800-48802 Concurrent enrollment in community college*

*51222 Physical education, instructional minutes*

*51760-51769.5 Work experience education*

52326 ~~Minimum school day~~ for Regional occupational center and programs, *minimum day*

Management Resources:

~~CALIFORNIA DEPARTMENT OF EDUCATION CORRESPONDENCE~~

~~Kindergarten Information, June 7, 2002~~

~~U.S. DEPARTMENT OF EDUCATION PUBLICATIONS~~

~~The Uses of Time for Teaching and Learning, October 1996~~

~~Extending Learning Time for Disadvantaged Students, August 1995~~

~~NATIONAL EDUCATION COMMISSION ON TIME AND LEARNING  
PUBLICATIONS~~

~~Prisoners of Time, April 1994~~

~~NATIONAL ASSOCIATION FOR SPORT AND PHYSICAL EDUCATION  
POSITION STATEMENTS~~

~~Recess for Elementary School Students, 2006~~

~~STATE BOARD OF EDUCATION POLICY STATEMENTS~~

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*99-03 Physical Education (PE) Requirements for Block Schedules, July 2006*

**U.S. DEPARTMENT OF EDUCATION PUBLICATIONS**

*Extending Learning Time for Disadvantaged Students, August 1995*

**WEST ED PUBLICATIONS**

*Full-Day Kindergarten: Expanding Learning Opportunities, Policy Brief, April 2005*

**WEB SITES**

*California Department of Education: <http://www.cde.ca.gov>*

*National Association for Sport and Physical Education:*

*<http://www.aahsperd.org/naspe>*

*State Board of Education: <http://www.cde.ca.gov/re/lr/wr/waiverpolicies.asp>*

*U.S. Department of Education: <http://www.ed.gov>*

*WestEd: <http://www.wested.org>*

Policy MANHATTAN BEACH UNIFIED SCHOOL DISTRICT

adopted: September 5, 2007 Manhattan Beach, California

revised:

**Instruction****SCHOOL DAY**Kindergarten

~~The minimum school day for kindergarten students shall be 180 minutes, including recesses but excluding noon intermissions. (Education Code 46115, 46117)~~

~~The maximum school day for kindergarten students shall be four hours (240 minutes), excluding recesses. (Education Code 46111)~~

*Except as otherwise provided by law, the average school day established for kindergarten students shall be at least three hours, including recesses but excluding noon intermissions, but no longer than four hours, excluding recesses. (Education Code 46111, 46114, 46115, 46117)*

*Recess may be counted as instructional minutes for purposes of determining the maximum school day if teacher supervision occurs.*

*In any district school operating an early primary program pursuant to Education Code 8970-8974, the kindergarten school day may exceed four hours, excluding recess, if both of the following conditions are met: (Education Code 8973)*

- 1. The Governing Board has declared that the extended-day kindergarten program does not exceed the length of the primary school day.*
- 2. The extended-day kindergarten program includes ample opportunity for both active and quiet activities within an integrated, experiential, and developmentally appropriate educational program.*

~~Elementary Schools~~ Grades 1-8

~~The minimum~~ *Except as otherwise provided by law, the school day for elementary and middle school students in elementary schools shall be:*

- 1. At least 230 minutes for students in grades 1-3, unless the Board has prescribed a shorter school day because of lack of school facilities requiring double sessions, in which case the minimum school day shall be 200 minutes (Education Code 46112, 46142)*
- 2. At least 240 minutes for students in grades 4-8 (Education Code 46113, 46142)*

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*In determining the number of minutes for purposes of compliance with the minimum school day for students in grades 1-8 the minimum school day excludes both noon intermissions and recesses **shall be excluded.*** (Education Code 46115)

~~Secondary Schools~~ **Grades 9-12**

The ~~minimum~~ school day for ~~middle school and high school~~ students ***in grades 9-12*** shall be 240 minutes. ~~unless otherwise provided by law.~~ (Education Code 46141-46147 **46142**)

The ~~minimum~~ school day shall be 180 minutes for students enrolled in a continuation high school, continuation education classes, opportunity school or classes, adult education classes, special day or Saturday vocational training program, or specified work experience program. (Education Code 46144, 46170, 46180, 46190)

~~(cf. 6178.1—Work Experience Education)~~

~~(cf. 6184—Continuation Education)~~

~~(cf. 6200—Adult Education)~~

***However, the school day may be less than 240 minutes when authorized by law. Programs that have a minimum school day of 180 minutes include, but are not necessarily limited to:***

***1. Continuation high school or classes (Education Code 46141, 46170)***

*(cf. 6184 - Continuation Education)*

***2. Regional occupational center (Education Code 46141, 52325)***

*(cf. 6178.2 - Regional Occupational Center/Program)*

***3. Work experience education program approved pursuant to Education Code 51760-51769.5 (Education Code 46141, 46144)***

***A student in grade 12 who is enrolled in work experience education and is in his/her last semester or quarter before graduation may be permitted to attend school for less than 180 minutes per school day if he/she would complete all requirements for graduation, except physical education courses, in less than 180 minutes each day. (Education Code 46147)***

*(cf. 6178.1 - Work-Based Learning)*

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*4. Concurrent enrollment in a community college pursuant to Education Code 48800-48802 or, for students in grades 11-12, part-time enrollment in classes of the California State University or University of California, provided academic credit will be awarded upon satisfactory completion of enrolled courses (Education Code 46146)*

*(cf. 6172.1 - Concurrent Enrollment in College Classes)*

*5. An early college high school or middle college high school, provided the students are enrolled in community college or college classes in accordance with item #4 above (Education Code 46141, 46146.5)*

*6. Special day or Saturday vocational training program conducted under a federally approved plan for career technical education (Education Code 46141, 46144)*

*(cf. 6178 - Career Technical Education)*

*7. Adult education classes (Education Code 46190)*

*(cf. 6200 - Adult Education)*

*For an evening high school operated pursuant to Education Code 51720-51724, the number of days, specific days of the week, and number of hours during which the program shall be in session shall be determined by the Board. (Education Code 46141, 51721)*

*Students in grade 12 shall be enrolled in at least five courses each semester or the equivalent number of courses each quarter. This requirement shall not apply to students enrolled in regional occupational centers or programs, courses at accredited postsecondary institutions, independent study, special education programs in which the student's individualized education program establishes a different number of courses, continuation education classes, work experience education programs, or any other course of study authorized by the Board that is equivalent to the approved high school course of study. (Education Code 46145)*

*(cf. 6158 - Independent Study)*

*(cf. 6159 - Individualized Education Program)*

**Alternative Block Schedule for Secondary Schools**

*In order to establish a block or other alternative schedule or to accommodate career technical education and regional occupational center/program courses, the district may authorize students to attend fewer than the total number of days in which school*

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*is in session provided that students attend classes for at least 1,200 minutes during any five school day period or 2,400 minutes during any 10 school day period. (Education Code 46160)*

Regulation MANHATTAN BEACH UNIFIED SCHOOL DISTRICT  
approved: September 5, 2007 Manhattan Beach, California  
reviewed: